

HospiceCare

HospiceCare of Boulder and Broomfield Counties

We provide compassionate end-of-life care, guide and comfort the grieving and educate our community.

Out of Africa and Into Our Hearts

by Darla Schueth, President & CEO

In 2006 HospiceCare formed a partnership with Bumbuli Hospice and Palliative Care in Tanzania. Since then, two groups of our employees (including myself) have traveled to Tanzania to work alongside Bumbuli's palliative care team and learn more about the challenges they face. And HospiceCare employees, volunteers, and donors — such as Boulder Rotary — have raised over \$30,000 to purchase medicine, computers, and fund the most pressing hospice and palliative needs in Bumbuli.

I'm proud that the majority of the funds donated for our Tanzanian partnership have come from HospiceCare employees! They've devised so many innovative ways to contribute, from payroll deductions and craft fairs, to candy and snow cone sales.

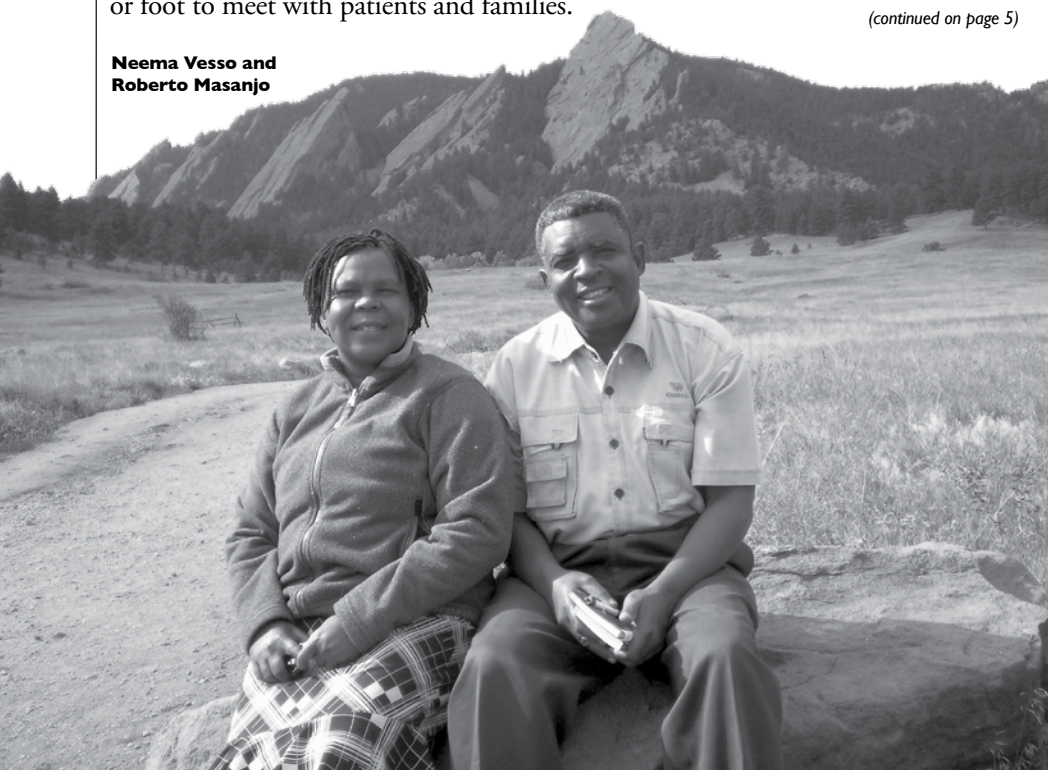
The latest employee-planned opportunity for giving to our sister hospice came recently when two colleagues from Bumbuli visited us here in October. Neema Vesso (nurse/palliative care coordinator) and Roberto Masanjo (physician's assistant) had never left their home country before! It was an exciting time, filled with firsts for our friends and delights for us as we introduced them to Colorado and HospiceCare.

Neema and Roberto joined us in a wonderful fundraising event at Frasier Meadows called "Tanzanian Treasures." This benefit let guests experience the beauty of Africa with all their senses. Neema and Roberto told us they'll be able to work wonders with these contributions — it's amazing how far a dollar goes in Tanzania.

Clearly, there are many differences between our two hospices. For instance, according to Neema, the staff here in Boulder doesn't need to journey by bicycle or foot to meet with patients and families.

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Neema Vesso and
Roberto Masanjo



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"We care for all people
regardless of ability to pay,
race, disability, color, creed,
religion, gender, age, sexual
orientation, gender expression,
national origin, ancestry,
citizenship or veteran status."



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In Louisville (Care Center):

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Louisville, CO 80027
303.449.7744

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CommunityShares

Since 1994, HospiceCare has been a member of Community Shares, a Colorado-grown community giving fund. Community Shares' goal is to broaden charitable choice in work-place giving campaigns for non-profits. Thousands of donors annually select Community Shares as their choice for work-place giving and HospiceCare employees are no exception. It couldn't be easier. Employees

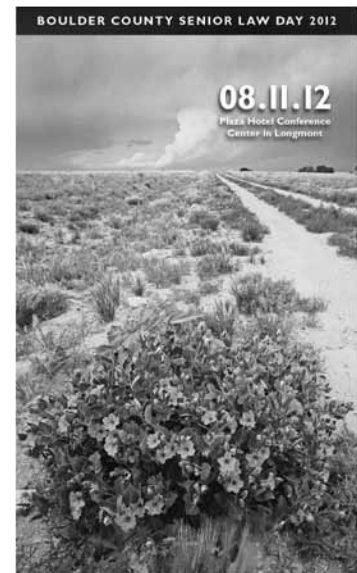
can elect to give any amount that's comfortable and specify the non-profit they wish to support. A paycheck contribution gift of \$1 a day adds up to a \$260 donation to the causes you care about most—like HospiceCare. If you'd like to find out how you can contribute to your favorite charity through Community Shares, just call 303.604.5236.

Senior Law Day Draws a Crowd

Every year, it seems the popularity of Boulder County Senior Law Day grows. For this third annual event on August 11th, 460 people signed up and registration had to be closed several days prior to the deadline. The Plaza Hotel Conference Center was filled to the max! No wonder Senior Law Day is such a favorite, it's packed with important and useful information for seniors, adult children, and caregivers. And, it's all free!

The keynote speech, given by Mary Ann Keatley, PhD was titled *"Maintaining an Active Mind,"* and covered the intriguing topic of brain fitness. This year's event also featured 24 workshops, 40 exhibit tables, and special "Ask A Lawyer," 15-minute sessions. As usual, the workshops focused on important issues facing seniors, including Advance Medical Directives, Local Housing Options, Long-term Care Insurance,

Nutrition and Aging, Reverse Mortgages, and many more! HospiceCare is proud to be a sponsor of such a valuable educational resource for our senior community.



A Word from One of Our Families

To the Hospice Team for Alice Sampson and all the supporting staff:

Our family would like to thank you for the tender care and support you gave to our beautiful mom, Alice, during her last weeks with us. It meant everything to know that you were there each time we called with any concern. Your understanding, guidance, and compassion offered Mom, and us, the help

we needed during this impossible, difficult time.

How each of you finds the strength to do what you do is overwhelming. We will always be so grateful to each of you. Please accept our small gift of thanks in memory of mom.

Our hearts will always remember —

The family of Alice Sampson

Camp Erin — Where Grief and Good Times Go Together

HospiceCare of Boulder and Broomfield Counties put away the canoes, packed up the glitter, and stored the luminarias, and said goodbye to another successful Camp Erin®, a free weekend bereavement camp for children and teens ages 6-17. This third camp was held August 10-12, once again at Camp Wondervu. Volunteers used words like “magical” and “amazing” to describe the experience of sharing their time with 39 children, all of whom had lost someone they loved.

Campers enjoyed a weekend filled with swimming, canoe rides, fishing, and remembrance activities. The older kids loved the Challenge Course and

there were lot of proud smiles after they conquered it.

According to HospiceCare’s Clinical Manager of Grief Services, Valerie



Willett, there were many meaningful moments. “On Sunday when it was time to go home, I heard various kids at different times comment that they wished ‘it was Friday again.’ I thought that was very sweet, and spoke to the comfort and fun times they had experienced.”

Thanks to HospiceCare’s partnership with The Moyer Foundation, along with generous donations from the New York Life Insurance, our community, and our volunteers, Camp Erin is offered at no cost to all campers. We’re already planning for next year! For information on Camp Erin 2013, call 303.604.5279.

Lights of Life Event Shines on in Celebration

This holiday season, join us as we light our tree of remembrance, celebrating and honoring those who are special to us. We’ll illuminate the night during two celebrations, in Boulder and in Longmont. Each light that sparkles will serve as a gentle reminder of warm memories and love that shines on — even over the years or through the darkness of grief.

When you make a donation of \$20 for a symbolic light on the tree or menorah or order one of our crystal keepsake ornaments, you’ll also receive a complimentary luminaria to decorate in honor of your loved one and bring to the event.

We’ll display this testament of your love where it will shine brightly during our ceremony. Then we’ll gather for an inspirational message, musical presentation, light refreshments, and a chance to write your personal sentiment in our remembrance book.

“There’s nothing quite like a light shining through the darkness to bring

to mind thoughts of hope and comfort.” said Darla Schueth, President & CEO of HospiceCare. “We’ll be able to celebrate those special lives that have touched us and also let the community know that we are honored to have cared for so many wonderful people along the way. The glowing lights are a reminder that no one is ever forgotten.”

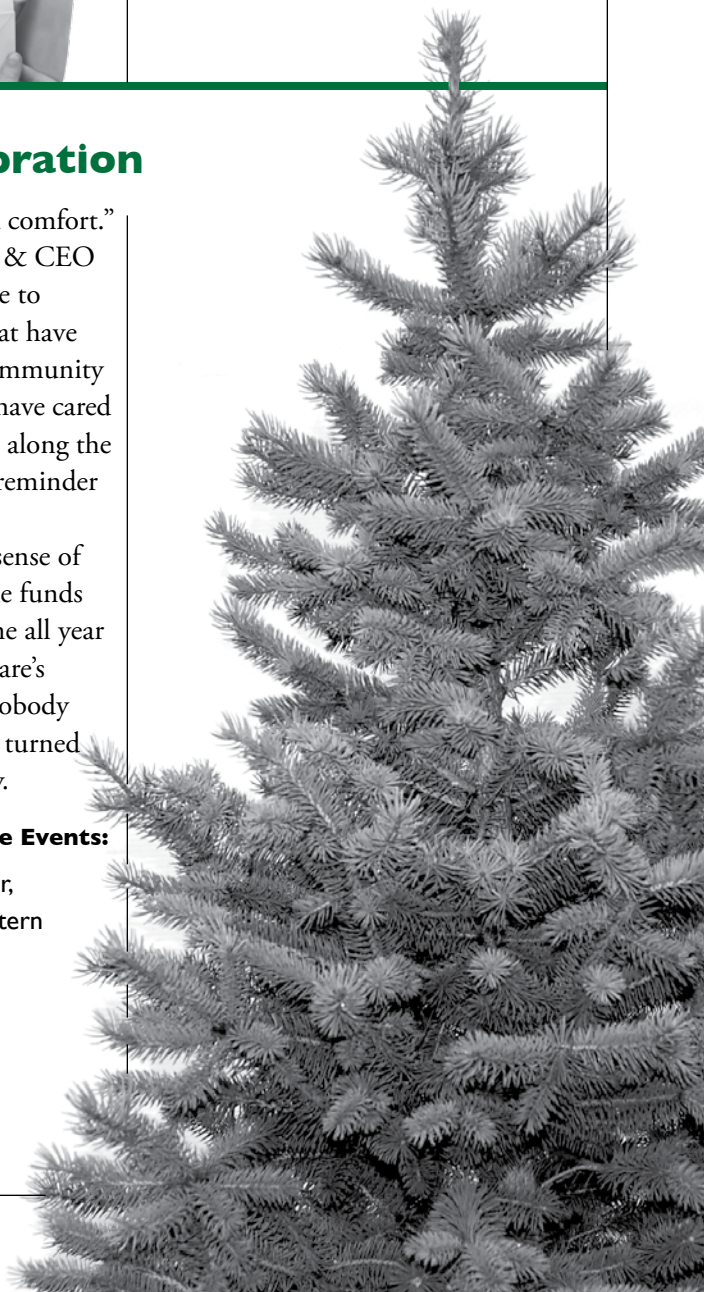
The lights not only offer a sense of warmth and remembrance, the funds they generate continue to shine all year long by supporting HospiceCare’s programs and ensuring that nobody who needs our services is ever turned away based on inability to pay.

HospiceCare Lights of Life Events:

The Plaza Conference Center,
Longmont (behind Best Western
Plus Plaza Hotel)

Saturday, December 1, 2012,
5:00-6:00 p.m.

East Boulder Senior Center
Sunday, December 2, 2012,
5:00-6:00 p.m.



PIZZAZ! 2012: *Under the Tuscan Sun* Translated into Magnifico Fun!

On Sunday, September 16th, HospiceCare's generous friends and supporters gathered for an event with an Italian accent—PIZZAZ! 2012: *Under the Tuscan Sun*. The accent was also on good times as guests reveled in a *fantastico* event outdoors at the exclusive Goldbranch Estates in Niwot.

The fun-filled fundraiser was sold out, with our guests delighting in the sights and sounds of Tuscany while savoring delectable food from Bacaro Venetian Taverna, The Bitter Bar, Bay Window Catering, The Greenbriar

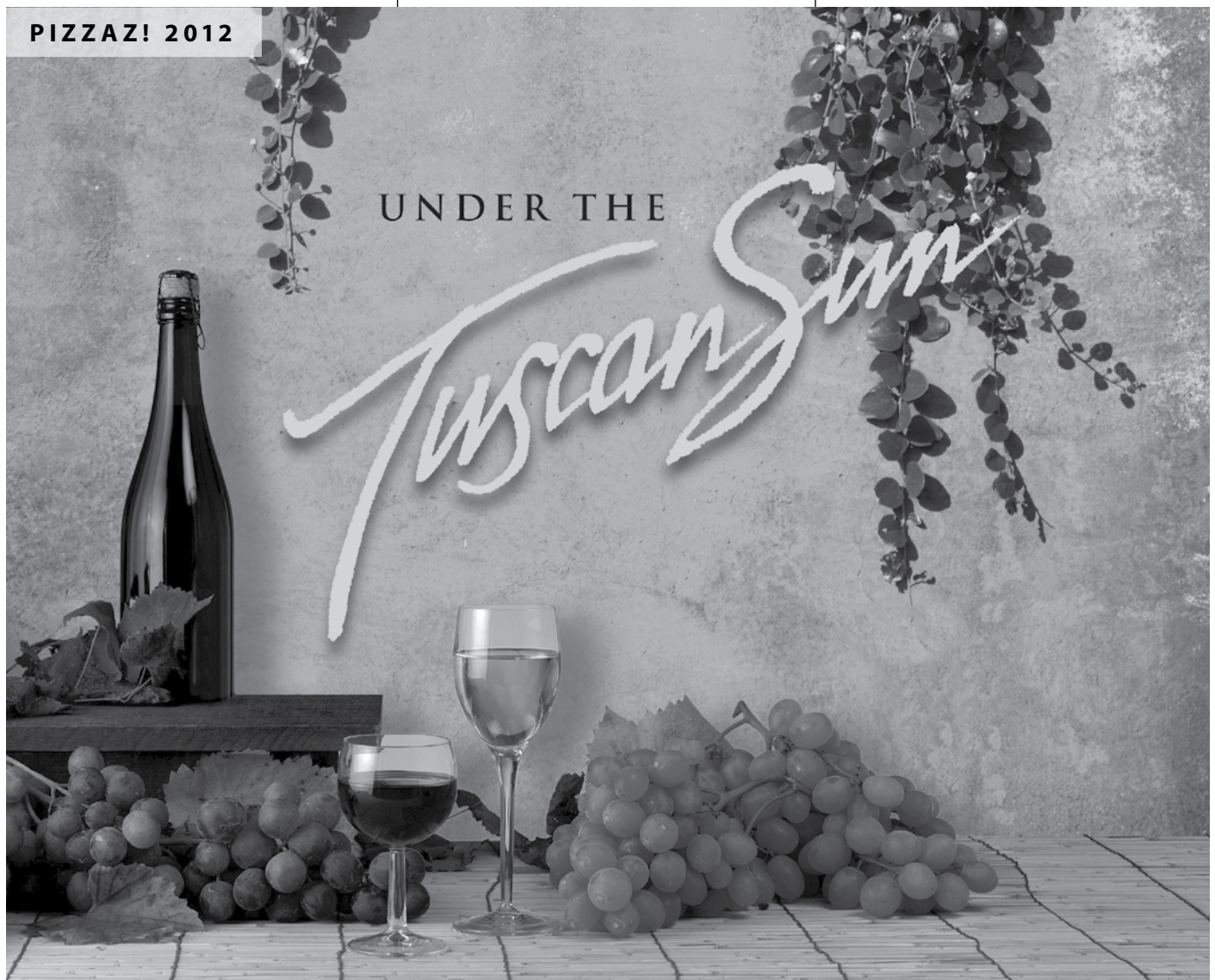
Inn, Indulge Bakery, Laudisio, Mateo, Oliverde, Radda Trattoria, and Treppeda's. The games of bocce ball and a tribute to Frank Sinatra, performed by Peter Yellen's *Dressed in Black*, lent the afternoon its old world charm. There was also a chance to enjoy and purchase fine art created on the spot by some of the best known artists in the region.

Guests enjoyed special wine tastings and the chance to bid on incredible items — from luxury vacations and exquisite jewelry to RV road trips and

pampered spa packages. Thanks to the wonderful giving spirit of our community, a net amount of over \$300,000 was raised, which will enable us to continue to provide our expert, compassionate care to everyone who needs it, regardless of ability to pay.

Our heartfelt thanks goes out to so many people — all of whom helped to make PIZZAZ! 2012 such a *bellissimo* event. To everyone who worked so long and so hard, we say *grazie mille!* As always, we couldn't do it without you.

PIZZAZ! 2012



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PIZZAZ! 2012

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Thank You For Your Donation

We sincerely appreciate each gift received from every donor, no matter the size. Your donation enables us to provide compassionate end-of-life care to everyone who is referred to us, not just to those who can afford it.

This year we especially thank Bob and Sydney Anderson of the Anderson Family Foundation for their exceeding and long-standing generosity to HospiceCare and thus our community.

Please visit www.hospicecareonline.org for our public acknowledgement of your contribution. And thank you again from the bottom of our hearts for your generosity.

(Out of Africa, continued from page 1)

"Also you have many more people working here." Bumbuli Hospice has 4 full-time and 2 part-time employees, while HospiceCare employs 165 full-time and 42 part-time staff members. In Tanzania, 83 percent of the diagnosis mix was HIV/AIDs in 2011, while during that same period at HospiceCare, HIV/AIDs made up only 1 percent of the diagnoses we saw.

However, the similarities are what really connect our two hospices. As people who choose to work with patients and families at the end of life, we both communicate compassion through the language of hospice. It's the tongue that transcends words — not English and not Swahili — but simply the language of the heart.



Grief Services & Educational Offerings

Coping With the Holidays — Support Groups 2012

For anyone who has lost a loved one to death, the holidays can be a confusing and painful time. These free groups provide concrete information and support for taking care of yourself during this time. Trained HospiceCare facilitators offer strategies for coping, tips on self-care, and resources for support. Whether your loss was recent or long ago, you are welcome to attend.

Bereaved Parents Group

November 14th 7-9pm
December 12th 7-9pm
Candlelight Remembrance
HospiceCare Lafayette Office
Call Grief Services at 303.604.5300

Boulder Grief Support Group

November 15th 6:30-8:30pm
December 6th 6:30-8:30pm
December 20th 6:30-8:30pm
Call Barbara Raines at 303.447.8060

Longmont Daytime Grief Support Group

November 6th 3:30-5:00pm
December 4th 3:30-5:00pm
HospiceCare Longmont Office
Call Georgia Robertson at 303.604.5331 to register

Adult Parent Loss Group

November 13th 6:30-8:00pm
November 27th 6:30-8:00pm
December 11th 6:30-8:00pm
HospiceCare Boulder Office
Call Stacy Boston at 303.956.9147

Widowed Persons Service

November 28th 10:00-12:00
East Boulder Senior Center,
Flagstaff Room
Saturday, December 8th 12:00 – 2:00
Holiday Potluck Party
Call Suzanne Brown at 303.530.4542

Senior Widows' Potluck Group

November 13th 12:00-2:00pm
December 11th 12:00-2:00pm
Louisville Senior Center, Louisville
Call Nina Hart at 303.499.8554

Spouse/Partner Loss Group

November 20th 6:30-8:30pm
December 4th 6:30-8:30pm
December 18th 6:30-8:30pm
HospiceCare Boulder Office
Call Julie Thomas at 303.604.5213

Crafty Ideas for Holiday Giving

If you love beautiful, hand-crafted items, then mark your calendar for Friday, December 7th. That's the day HospiceCare is sponsoring a Holiday Craft Fair at Boulder Valley Christian Church, 7100 S. Boulder Road, Boulder. The fair runs from 10 am to 6 pm. In addition to finding great crafts, you can also feel great because 20 percent of the sales will go to help our sister hospice in Bumbuli, Tanzania.

The event will feature a wide variety of high quality jewelry, art, pottery, textiles, silk scarves, and holiday gifts. A majority of the items will be priced \$50 or under so it's the perfect time to stock up on gifts for friends — and for yourself! Cash, checks, and credit cards will be accepted.

In addition to all the stunning goods, there will also be goodies! You'll be tempted by a delectable selection

of home-baked items, also to benefit Bumbuli. So be crafty about your shopping this year and join us December 7th!



“Staying In Charge of Your Life When It Matters Most”

Our signature presentation is *“Staying In Charge of Your Life When it Matters Most: Creating Advance Directives.”*

Dying is a personal, human experience that involves you, your family, and your medical team. It's also a complex process that shouldn't end up as a legal or media event. These free half-day workshops answer questions such as:

- How do I choose and educate my health care advocate?
- What kind of communication is critical to ensure my goals are understood?
- What are “goals of care” and what kinds of resources will be needed to meet them?

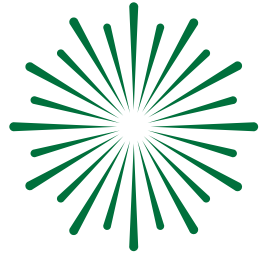
These programs are held frequently. For the date of the next one, contact kimmooney@hospicecareonline.org or call 303.604.5214.

A Legacy of love

Jere Mock knows a great deal about HospiceCare. But unlike many Legacy Circle members, she became involved with the agency first as a member of our Board of Directors and then experienced our expert care later when her loved ones needed it.

Jere served on our Board for 6 years in the mid-1990s. She was approached by then-Director Connie Holden. "I felt comfortable because I knew some of the other board members and thought it would be a good fit for me," Jere says. She joined the board one year before our current President & CEO, Darla Schueth, was hired. "When we interviewed Darla, it was clear right away that she was the person for the job," Jere recalls with a smile.

Both of Jere's parents died of different types of cancer in 1995. Then, before she could get back on her feet again, her sister, Joy, who suffered from M.S., started to see her health rapidly deteriorate. Jere says, "Both of our parents were gone, so I had total care of Joy and a full-time job. When Joy's pain and symptoms became difficult to control



legacy circle

at home, Jere knew the HospiceCare Center was the right place for her sister to be. With its 24/7 hospice intensive care and home-like amenities, Jere felt she could go back to being a sister, rather than a caregiver, during Joy's final days.

One of Jere's priorities in life is to make a donation to HospiceCare every year. She wants that support to continue after death. "That's why I made a provision in my will for HospiceCare," she says. "I know what a quality organization HospiceCare is and I want to keep providing for it after my death. It's well-managed, the Board provides oversight, and there's a high quality staff."

Making a bequest in her will was no problem, according to Jere. "I have a simple will and it was easy to make a provision for HospiceCare in it. The staff just walked me through it. This agency is an important community resource that provides top quality care, choices, and flexible service. I want to be sure that continues even after I'm gone."



By making a gift for the future through estate or other planned gifts to our organization and letting us know your intentions, you become a member of Legacy Circle and join others who have taken a step to ensure that HospiceCare's expert and compassionate care will endure well into the future. For more information, please contact our Director of Major Gifts & Planned Giving, Kathy Coyne at 303.604.5235.

All That Glitters

Treat yourself to our special sale of previously enjoyed women's evening wear, higher end fashions, accessories, gifts, and more. Look for it at the Thrift Shop, Saturday, November 17th, 10 a.m. to 5:30 p.m. After 2 p.m., all party wear and seasonal decorations will be 25% off. For questions or donations, call 303.604.5353.



November: National Hospice & Palliative Care Month

The month of November is nationally recognized as Hospice and Palliative Care Month. For over three decades, HospiceCare of Boulder and Broomfield Counties, a local, non-profit agency, has provided expert, compassionate medical, emotional, and spiritual care and support to everyone in all our community who needs it. We never turn away anyone, regardless of ability to pay.

The goal of hospice care is to help patients and families focus on living. This is the message that hospice organizations share with the community during National Hospice/Palliative Care Month. We take this time to thank our hard-working staff and volunteers, along with our generous donors for supporting us all year long!



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and we'll correct our records.

Volunteer VOICE:

Volunteer Voice is a regular newsletter feature,
introducing volunteers and noting their contributions.

Akbar Khalsa

When you picture a HospiceCare volunteer interacting with a patient, what comes to mind? Probably the last thing you would imagine is two men, one wearing a traditional Sikh turban, the other toting a portable oxygen tank, talking together as they build a fence. But that's exactly the scenario passers-by might witness when Akbar Khalsa is supporting someone in our care.

Akbar Khalsa donates his time to our patients as a handyman. He's been with us for almost two years, using his skills as a carpenter to fill a much needed niche. A retired software engineer, Akbar chose to do service



at HospiceCare so he could “pay it forward. I’m thinking I’ll be using HospiceCare myself someday,” Akbar states.

Service is a huge part of Akbar’s life. As a Sikh, he’s dedicated to serving all — even those who want to cheat or hurt him. Fortunately, his patients only want to see more of him. He doesn’t simply go into the patient’s home, do the project, and leave. Says Akbar, “In many situations, the man who is dying feels he is losing control and independence. He can direct and control me. I let myself

become his hands and do the work the way he wants it done.”

In addition to carpentry work, the time Akbar spends with a patient often ends up as respite for the caregiver. “There is one person I’ve been with for a year,” he says. “We hang out, talk about politics, and such. When I’m there, it gives his wife a chance to go out.”

One of the projects Akbar worked on turned out to be much bigger than he had anticipated. It was major fence repair and by the time it was almost finished, the patient had come to trust Akbar’s judgment. “It was in good shape when he passed,” recalls Akbar. “I went back to complete the final section after the funeral. I didn’t want to leave it unfinished for his wife to see. She told me later that she didn’t know what they would have done without me.”

That’s exactly the way we at HospiceCare feel — we don’t know what we’d do without Akbar either!